



## PACKAGE INSERT

For Research Use Only.  
Not for use in diagnostic procedures.

This Package Insert covers use of:

The T-SPOT® *Discovery*™ SARS-CoV-2 assay kit

## Table of contents

Intended Use.....	2
Introduction .....	2
Principles of the Procedure .....	2
Limitations.....	3
Safety Warnings and Precautions.....	3
Materials Provided.....	4
Storage .....	4
Stability .....	4
Equipment and Materials Required but Not Provided .....	4
Reagent Preparation .....	5
Procedure .....	5
Sample Collection and Preparation .....	5
Plate Set Up and Incubation.....	6
Spot Development and Counting.....	7
Quality Control .....	8
Results and Assay Criteria .....	8
References.....	9
Glossary of Symbols .....	9

### **Intended Use**

The T-SPOT *Discovery* SARS-CoV-2 assay kit is intended to detect COVID-19 cellular mediated immunity using viral peptide pools from SARS-CoV-2. The assay kit is for research use only, and is not intended for diagnostic use in determining infection nor protective immunity towards any of the antigens tested.

### **Introduction**

The T-SPOT *Discovery* SARS-CoV-2 assay is a simplified variant of the ELISPOT assay technique. ELISPOT assays are exceptionally sensitive since the target cytokine is captured directly around the secreting cell, before it is diluted in the supernatant, bound by receptors of adjacent cells or degraded. This makes ELISPOT assays much more sensitive than conventional ELISA assays<sup>1</sup>.

### **Principles of the Procedure**

Peripheral blood mononuclear cells (PBMCs) are isolated from a whole blood sample and washed to remove any sources of background interfering signal. The PBMCs are then counted so that a standardised cell number is used in the assay. This ensures that even with low T cell titers due to weakened immune systems (the immunocompromised and immunosuppressed) there are adequate numbers of PBMCs added to the microtiter wells.

Seven wells are required for each sample:

1. Nil Control to identify non-specific cell activation
2. COVID19-Panel 1: SARS-CoV-2 specific antigen panel
3. COVID19-Panel 2: SARS-CoV-2 specific antigen panel
4. COVID19-Panel 3: SARS-CoV-2 specific antigen panel
5. COVID19-Panel 4: SARS-CoV-2 specific antigen panel
6. COVID19-Panel 5: SARS-CoV-2 specific antigen panel
7. Positive Control: Mitogen solution containing phytohaemagglutinin (PHA, a known polyclonal activator<sup>2</sup>) to confirm PBMC functionality.

The PBMCs are incubated with the antigens to allow stimulation of any antigen specific T cells present. Secreted cytokine, in this case interferon-gamma (IFN-gamma), is captured by specific antibodies on the membrane which forms the base of the well, and the PBMCs and other unwanted materials are removed by washing. A second antibody, conjugated to alkaline phosphatase and directed to a different epitope on the cytokine molecule, is added and binds to the cytokine captured on the membrane surface. Any unbound conjugate is removed by washing. A soluble substrate is added to each well; this is cleaved by bound enzyme to form a spot of insoluble precipitate at the site of the reaction. Each spot represents the footprint of an individual cytokine-secreting T cell and evaluating the number of spots obtained provides a measurement of the abundance of antigen specific effector T cells in the peripheral blood (Figure 1).

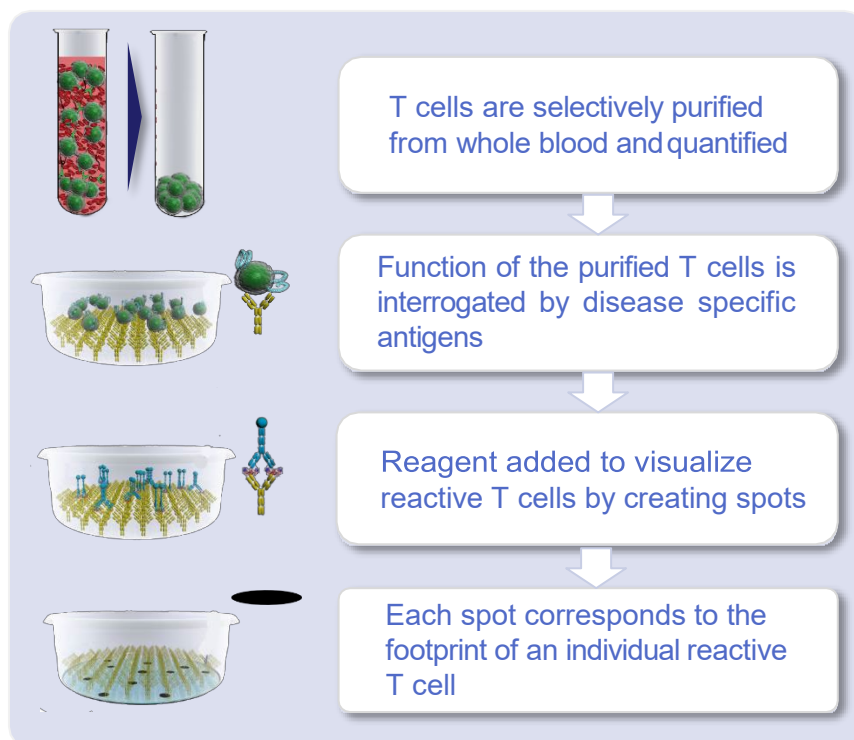


Figure 1. The T-SPOT Discovery SARS-CoV-2 assay principle.

### Limitations

- For research use only. Not for use in diagnostic procedures.
- Do not mix components from different kit lots.
- Read the assay instructions carefully before use.
- Observe aseptic technique to avoid contaminating the reagents, assay wells, cell suspensions and cell culture media.
- Variation to the stated pipetting and washing techniques, incubation times and/or temperatures may influence the actual results obtained and should be avoided.
- A cell separation method needs to be validated by the laboratory performing the assay. For the density gradient separation method blood should be collected and progressed into the assay within 8 hours. This time limitation may be overcome by using the T-Cell *Xtend*<sup>®</sup> reagent (available from Oxford Immunotec). When the T-Cell *Xtend* reagent is used with the T-SPOT *Discovery* SARS-CoV-2 assay, the sample storage time is increased to 32 hours. When the T-Cell *Select*<sup>™</sup> reagent kit is used with the T-SPOT *Discovery* SARS-CoV-2 assay, the sample storage time is increased to 54 hours.
- Store and transport blood samples to the laboratory at 15-25 °C. Do not refrigerate or freeze whole blood samples.

### Safety Warnings and Precautions

Care should be taken when handling material of human origin. All blood samples should be considered potentially infectious. Handling of blood samples and assay components, their use, storage and disposal should be in accordance with procedures defined in appropriate national biohazard safety guidelines or regulations.

Care should be taken when working with chemicals. All chemicals should be considered potentially hazardous.

### Materials Provided

The T-SPOT *Discovery* SARS-CoV-2 assay kit:

1. 1 microtitre plate: 96 wells, supplied as a solid 96-well plate or 12 x 8-well strips in a frame, coated with a mouse monoclonal antibody to the cytokine, IFN-gamma
2. 1 vial (0.75 mL) COVID19-Panel 1 solution
3. 1 vial (0.75 mL) COVID19-Panel 2 solution
4. 1 vial (0.75 mL) COVID19-Panel 3 solution
5. 1 vial (0.75 mL) COVID19-Panel 4 solution
6. 1 vial (0.75 mL) COVID19-Panel 5 solution
7. 1 vials (0.8 mL each) Positive Control: a mitogen solution, contains phytohaemagglutinin (PHA), for use as a cell functionality control
8. 1 vial (50 µL) 200 x concentrated Conjugate Reagent: mouse monoclonal antibody to the cytokine IFN-gamma conjugated to alkaline phosphatase
9. 1 bottle (25 mL) Substrate Solution: ready to use BCIP/NBT<sup>plus</sup> solution.

### Storage

Store all components of the kit at 2-8 °C.

Avoid prolonged exposure of the Substrate Solution to light.

### Stability

Do not mix components between different kit lots. Store the unopened kit at 2-8 °C. The components of the kit are stable up to the expiration date printed on the kit box, when stored and handled under the recommended conditions. The kit must not be used beyond the expiration date on the kit label.

Store opened kit components at 2-8 °C. Opened components must be used within 8 weeks of opening.

### Equipment and Materials Required but Not Provided

1. 8-well strip plate frame (available from Oxford Immunotec) if a strip format plate used.
2. Class II microbiological cabinet (recommended).
3. Heparinised blood collection tubes.
4. Reagents and equipment required for cell isolation from whole blood.
5. Equipment and reagents to enable counting of PBMCs; such as a haematology analyser for automated counting, Trypan Blue and a haemocytometer for manual counting using a microscope or other methods.
6. A humidified incubator capable of  $37 \pm 1$  °C with a 5 % CO<sub>2</sub> supply.
7. A microtitre plate washer or equipment to manually wash plates.
8. Pipettes and sterile pipette tips.
9. Sterile D-PBS solution: such as GIBCO<sup>®</sup> 1x D-PBS (Invitrogen; product code 14040-091).
10. Distilled or deionised water.
11. A means of reading the plate such as a microscope, digital microscope, magnifying glass or plate imager.
12. Sterile cell culture medium such as GIBCO AIM V<sup>®</sup> (available from Oxford Immunotec as 50 mL bottle: product code A18398SA and 500 mL bottle: product code A18398DJ or Invitrogen; product code 31035-025). The use of this serum free medium for the incubation step is strongly recommended. RPMI 1640 (Invitrogen; product code: 21875-034) may be used in the initial sample preparation steps only. It is recommended that cell culture media are stored in

appropriate aliquots and excess material is discarded after use. Cell culture media should be pre-warmed to 37 °C before use with the T-SPOT *Discovery* SARS-CoV-2 assay.

### Reagent Preparation

1. Microtitre Plate. The T-SPOT *Discovery* SARS-CoV-2 assay microtitre plate is supplied ready to use. Remove the plate from storage and allow to equilibrate to room temperature.
2. The vials of SARS-CoV-2 panel are supplied ready to use.
3. The vials of Positive Control are supplied ready to use.
4. Prepare a 1:200 dilution working Conjugate Reagent solution. Calculate the volume of working Conjugate Reagent solution required and prepare immediately prior to use.
5. The Substrate Solution is supplied ready to use. Remove from storage and allow to equilibrate to room temperature.

### Procedure

This assay should be performed using the principles of Good Laboratory Practice and by strictly adhering to these Instructions for Use.

### Sample Collection and Preparation

Individual users should validate their procedures for collection of PBMCs, enumeration of PBMCs and choice of suitable media to support T cell functionality during the primary incubation stage of the assay. Typically sufficient PBMCs to run the assay can be obtained from venous blood samples according to the following guidelines:

- Adults and children  $\geq 10$  years old: 6 mL of whole blood collected in lithium or sodium heparin tubes\*
- Children  $\geq 2$  to  $< 10$  years old: 6 mL of whole blood collected in lithium or sodium heparin tube
- Children  $< 2$  years old: 2 mL of whole blood collected in lithium or sodium heparin paediatric tube.

*\*Note: In populations where cell recovery might be problematic (e.g. hematopoietic stem cell transplant patients), an additional tube of blood should be collected.*

If density gradient centrifugation method is used, blood samples must be stored at room temperature and assayed within 8 hours of blood collection or within 32 hours if treated with the T-Cell *Xtend* reagent. If the T-Cell *Select* reagent kit is used with the T-SPOT *Discovery* SARS-CoV-2 assay, blood samples must be stored at room temperature and assayed within 54 hours of blood collection.

Alternative methods of cell isolation that remove granulocytes from PBMC fraction such as magnetic bead selection can be used for samples stored for up to 32 hours.

PBMCs should be suspended in AIM V medium and counted using a validated method of white blood cell count assessment. Cell suspension should be diluted to  $2.5 \times 10^6$  PBMCs / mL in AIM V medium. 100  $\mu$ L of cell suspension containing 250,000 PBMCs will be added in seven test wells, as described in the 'Plate Set Up and Incubation' section below.

If PBMC concentration is  $< 2.0 \times 10^6$  PBMCs/mL, the suspension should be centrifuged, PBMC pellet re-suspended in 700  $\mu$ L AIM V medium and counted again.

### Plate Set Up and Incubation

The T-SPOT *Discovery* SARS-CoV-2 assay requires seven wells to be used for each sample. A Nil Control and a Positive Control should be run with each individual sample. It is recommended that the samples are arranged vertically on the plate as illustrated below.

- Nil Control
- COVID19 Panel 1
- COVID19 Panel 2
- COVID19 Panel 3
- COVID19 Panel 4
- COVID19 Panel 5
- Positive Control

Procedure	Notes
1. Remove the plate from the packaging and allow to equilibrate to room temperature.	1. If a strip plate format is used, remove the required number of strips only, return the remainder to storage. Clip the strips to be used into an empty plate frame fitted with an undercover and lid. Frames, covers and lids should be retained and reused.
2. Each sample requires the use of 7 individual wells: (i) Add 50 µL AIM V culture medium to each Nil Control well (ii) Add 50 µL of each SARS-CoV-2 Panel solution to each well required (iii) Add 50 µL Positive Control solution to each cell functionality control well.	2. Do not allow the pipette tip to touch the membrane. Indentations in the membrane caused by pipette tips may cause artefacts in the wells.  It may be necessary to gently tap the plate to ensure that the solutions cover the membrane at the base of each well. Vigorous agitation should be avoided to minimize cross-contamination of the antigens between wells.
3. To each of the 7 wells to be used for a sample, add 100 µL of the final cell suspension containing 250,000 PBMCs.	3. Pipette the cell suspension gently up and down to ensure thorough mixing before removal of each 100 µL aliquot.  It is recommended that a new tip is used for every addition of each PBMC sample to avoid cross-contamination between the 7 wells.
4. Incubate the plate in a humidified incubator at 37 °C with 5 % CO <sub>2</sub> for 16- 20 hours.	4. Avoid disturbing the plate once in the incubator. Do not stack plates as this may lead to uneven temperature distribution and ventilation. Failure to adhere to the recommended incubation time and conditions may lead to an incorrect interpretation of the result. Check the incubator contains sufficient water to maintain humidity for the incubation period.

### Spot Development and Counting

During the plate washing and development stages, do not touch the membrane with pipette tips or automated well washer tips. Indentations in the membrane caused by pipette or well washer tips may develop as artefacts in the wells, which could interfere with the spot counting.

Procedure	Notes
1. Remove the plate from the incubator and discard the cell culture medium.	1. At this time remove the Substrate Solution from the kit and allow to equilibrate to room temperature.
2. Add 200 $\mu$ L D-PBS solution to each well.	
3. Discard the D-PBS solution. Repeat the well washing a further 3 times with fresh D-PBS solution for each wash.	3. Discard all D-PBS from the final wash step by inverting the plate on absorbent paper before proceeding.
4. Dilute concentrated Conjugate Reagent 200 fold in D-PBS to create the working strength solution.	4. Do not use D-PBS containing Tween <sup>®</sup> or other detergents, as this causes high background counts. Ensure that only a small excess (to allow for wastage) of working strength solution is prepared.  For each 8-well strip (each well requiring 50 $\mu$ L), make up 500 $\mu$ L of working strength solution by adding 2.5 $\mu$ L of concentrated Conjugate Reagent to 497.5 $\mu$ L D-PBS.
5. Add 50 $\mu$ L working strength Conjugate Reagent solution to each well and incubate at 2-8 $^{\circ}$ C for 1	5. Failure to adhere to the recommended incubation time may lead to an incorrect interpretation of the result.
6. Discard the conjugate and perform 4 D-PBS washes as described in steps 2 and 3 above.	
7. Add 50 $\mu$ L Substrate Solution to each well and incubate at room temperature for 7 minutes.	7. Failure to adhere to the recommended incubation time may lead to an incorrect interpretation of the result.
8. Wash the plate thoroughly with distilled or deionised water to stop the detection reaction.	
9. Allow the plate to dry by standing it in a well ventilated area or in an oven at up to 37 $^{\circ}$ C.	9. Spots become more visible as the plate dries. Allow 4 hours drying time at 37 $^{\circ}$ C or overnight at room temperature.
10. Count and record the number of distinct, dark blue spots on the membrane of each well. Apply the Results Interpretation and Test Criteria (see below).	



### **Results and Assay Criteria**

An optimal number of PBMCs to be added to each of the 7 assay wells is 250,000 (1,750,000 PBMCs are required per assay).

- < 250,000 PBMCs added per well: insufficient cell number; a re-test is recommended.
- > 250,000 PBMCs should be diluted to 250,000 PBMCs per 100 µL (in total volume at least 700 µL).

Note: cell suspensions between > 250,000 and ≤ 300,000 can be plated without diluting

The T-SPOT *Discovery* SARS-CoV-2 assay results are interpreted by subtracting the spot count in the Nil Control well from the spot count in SARS-CoV-2 and PHA Panels.

Note: PBMC preparation step is described in the 'Sample Collection and Preparation' section.

### **Quality Control**









A typical result would be expected to have few or no spots in the Nil Control. A Nil Control spot count in excess of 10 spots per 250,000 PBMCs should be considered as 'Indeterminate'. Another sample should be collected from the individual and tested.

A typical result would be expected to have greater than 20 spots or show saturation (too many spots to count) in the Positive Control well containing phytohemagglutinin (PHA) that serves as a cell functionality control.

## References

1. See [www.elispot-analyzers.de/english/science-elispot-assays.html](http://www.elispot-analyzers.de/english/science-elispot-assays.html)
2. NCCLS Approved Guideline. *Performance of single Cell Immune Response Assays*, I/LA26-A

## Glossary of Symbols

	Use by/Expiration date (Year-Month-Day)
	Lot number
	Catalogue number
	Attention, see instructions for use
	Date of manufacture
	Manufacturer
	Temperature limitation/Store between
	Consult instructions for use

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AIM V and GIBCO are registered trademarks of Invitrogen.

Tween is a registered trademark of Uniqema Americas LLC.

The use of the T-Cell *Xtend* reagent is protected by the following patents and patents pending; EP2084508; US9090871, CN101529221, AU2007-303994, JP5992393, IN289117, CA2665205

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